



# Newsletter

ISSUE 4

JUNE 2008

## HEADLINES

**CMAS currently has 50 members:**

**CMAS 2009 Edinburgh**

**CMAS 2010 Dundee**

**Future venues for CMAS meetings needed**

## 7th Annual Meeting - Salford '08

The 2008 meeting was held in Salford on the 17th and 18th March. The meeting was a great success, with interesting talks and practical demonstrations.

On the Monday during the Vicon User group, a live demonstration of the Oxford Foot model was given, along with practical tips and advice. This was followed by a "how to" session presented by Elaine Owen on tuning AFOs with video vector. The evening meal was held at the "Theatre of Dreams", where if you stared at the pitch for long enough you could just about make out Rio score a goal...

The dual themes of the meeting included motion analysis of the foot, along with orthosis tuning in clinical practice. Tahir Khan (Consultant Orthopaedic Surgeon from Manchester) gave a key-note address on foot anatomy and movement during gait, while Chris Nestor complimented this with an interesting overview of cadaveric and in-vivo research on motion of the foot bones.

Elaine Owen followed up her practical session from the previous day with a talk on shank kinematics and AFO tuning. Several free papers rounded off the scientific component to the day.

Thanks to all who made the effort to attend and contribute to the meeting. For details on the 2009 meeting in Edinburgh, see page 3

For a report on the members AGM see page 2



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News, Dates, etc**

## Committee News

Linda Eve completed her term on the committee at the last AGM. We would like to acknowledge her contribution, and particularly all her hard work in developing CMAS standards. We wish her all the best with her new job. Neil Postans was elected onto the committee to replace Linda.

Caroline Stewart stood down as Chair of CMAS and Julie Stebbins has taken over this role. Caroline performed this role admirably during her term and has left big shoes to fill! We will shortly be requesting nominations for a new committee member.

# Could you host a CMAS meeting?



We are currently looking for volunteers to host the annual CMAS meeting. Next year, CMAS will be held in Edinburgh, and then in Dundee in 2010. But we still need venues for 2011 and 2012. Hosting a CMAS meeting is an enjoyable and rewarding experience... just ask any of the previous hosts! Rich Jones and the team in Salford did a great job this year, and would be only too happy to answer any questions you might have. Alternatively, any of your friendly committee members (see back page) would be happy to offer advice.

If you would like further information, or to register your interest in hosting CMAS, let us know at [info@cmasuki.org](mailto:info@cmasuki.org)

## Salford '08 Annual General Meeting

If you weren't at Salford for the meeting this year, then you missed an exciting AGM!

- ◆ It was announced that this year's registration fee would include a bonus membership year. Those who attended this year's meeting won't have to pay membership fees next year
- ◆ Caroline Stewart finished her term as chair, and was succeeded by Julie Stebbins. Linda Eve also stepped down from the committee. Neil Postans was elected on as a new committee member.
- ◆ Next year's meeting is to be held in Edinburgh. Meetings for future venues are yet to be decided. Interest in hosting meetings to be passed on to the CMAS committee
- ◆ Wendy Dickens presented the Treasurer's Report, which included a summary of last year's activities.
- ◆ A report from the Standard's Committee was given by Linda Eve and Caroline Stewart. A summary can be found on page 3.
- ◆ The Education and Training report was given by Phil Glithero. It was decided that the main emphasis of CMAS should be on providing advanced training in clinical movement analysis, as well as supporting local groups provide basic training in their own locality. Anyone interested in providing an advanced training course should contact the CMAS committee on [info@cmasuki.org](mailto:info@cmasuki.org)

- ◆ Robin Davis, the Orthopaedic Implementation Manager of the "18 Week Program" gave an informative talk on "The 18 week wait and its impact on specialist screening services, like gait analysis". Further information can be found at: [www.18weeks.nhs.uk](http://www.18weeks.nhs.uk), [www.healthcareworkforce.nhs.uk/18weeks.html](http://www.healthcareworkforce.nhs.uk/18weeks.html), and [www.institute.nhs.uk/no\\_delays/introduction/no\\_delays.html](http://www.institute.nhs.uk/no_delays/introduction/no_delays.html)

In addition, a questionnaire was circulated to obtain feedback from the membership. Results of this will be circulated to the membership.

### How are you managing "18 Weeks"?

Are you struggling with your waiting times? Do you have any good ideas about how to deal with the 18 week pathway in clinical gait analysis? Have you found something that works well for you?

Email any comments you have to Julie Stebbins ([julie.stebbins@noc.anglox.nhs.uk](mailto:julie.stebbins@noc.anglox.nhs.uk)). A summary of replies will be posted to the CMAS membership via email.

★  
 ★ 2010 CMAS venue: ★  
 ★  
 ★ **Dundee** ★  
 ★

# Standards Working Group

From the very beginning of CMAS the development of standards has been a key goal. We wanted patients and referring doctors to have confidence in the results of gait analysis. We also wanted to provide guidance for those starting new clinical movement analysis services.

The standards committee has worked very hard to put the foundations of our standards process in place. Linda Eve has been a key driving force, putting in an enormous amount of work. She has now stepped down and was thanked at the AGM for all she has done. One of the more recent initiatives was the formation of the local reps working group. This group has met several times, for training and to give input into the standards documentation and the majority of clinical labs have participated.

Documentation is the primary output from the standards work to date. CMAS has overseen the production of an official standards document, along with a series of checklists to be used by

external auditors. Local labs have also produced their own protocols and checklists and examples of these will be available as illustrations of good practice.

Audit has been the main focus of the last 2 years' activity of the standards groups. We have had external input during this time, firstly from the team at the NOC and subsequently from Rachael Boocock at Guys. The result is that many CMAS members have had training and experience of audit. The audit process has moved on as a result of this work.

However, in the process of constructing audit mechanisms it has become clear that the original set of standards needs further work. There is not generally a problem with the content, but the structure needs re-shaping. The standards also need to be stated in such a way that they are clearly auditable. In the latter part of 2007 Linda Eve, in conjunction with Rachael Boocock started a standards

restructuring exercise.

At the AGM a package of work was presented for 2008/9. The main aims for the year are,

- To revise the standards document
- To provide a full set of external audit checklists
- To have a series of examples of good local protocols and checklists
- To agree a formal audit mechanism

There is a lot of work to do. The standards committee will continue to oversee the programme, with a smaller subgroup doing much of the revision work. There will also be two local reps working group meetings, one on June 6<sup>th</sup> 2008 and one on January 23<sup>rd</sup> 2009. At the AGM a budget of £2000 was set aside to support the work.

## Edinburgh 2009



The 8th Annual Meeting of CMAS will take place at the Royal College of Physicians of Edinburgh from March 30th to 31st, 2009. Attendees at CMAS 2009 will include professionals from across the UK and Ireland working in sports science, medical research and clinical management of patients with gait disorders. The combined general and scientific meeting encourages professional interaction, and supports the development of standards and advancement of scientific knowledge in the fields of clinical movement analysis. As in previous years, CMAS will host an exciting industry exhibition in conjunction with time tabled user group activities. This exhibition will provide a chance to experience the latest products and innovations from your sector. The Royal College of Physicians of Edinburgh provides a unique blend of historic and modern facilities located in the heart of the city. Edinburgh's main bus and train stations are located just a few minutes walk from the College, as are many hotels, hops and restaurants. CMAS 2009 will host a drinks reception and dinner at one of Edinburgh's most popular restaurants serving quality Scottish cuisine within an elegant 200 year old Georgian building. Edinburgh has one of the most striking cityscapes in the world. With Scotland's most famous castle dominating the city skyline, there is plenty to see and do with the perfect blend of ancient and modern. We look forward to welcoming you in 2009. Further details of the 8th Annual Meeting and a preliminary program will be distributed shortly. Any queries should be directed to the Edinburgh Local Organising Committee at: [agm2009@cmasuki.org](mailto:agm2009@cmasuki.org)



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## BRAIN STRAIN

Several CMAS members are at evening meal on the first night of a CMAS meeting. There is a barrel with no lid and some wine in it. "This barrel of wine is more than half full," said the first CMAS member. "No it's not," says the second CMAS member. "It's less than half full." Without any measuring implements and without removing any wine from the barrel, how can they easily determine who is correct?



## CAN YOU GUESS WHO THESE CMAS MEMBERS ARE?



## Dates for your diary

### 8th Annual meeting of CMAS

Edinburgh - 30th-31st March 2009

### 17th Annual meeting of ESMAC

Antalia, Turkey

September 11th-13th 2008

<http://www.esmac2008turkey.org/>

### 14th Annual meeting of GCMAS

Denver, Colorado

March 10th-14th, 2009

<http://www.gcmass2009.org/>

## Current CMAS Committee:

CHAIR: Julie Stebbins

TREASURER: Wendy Dickens

SECRETARY: Alison Richardson

STANDARDS: Caroline Stewart

EDUCATION/TRAINING: Phil Glithero

WEBSITE: David Ewins

COMMITTEE MEMBERS: Helen Hill

Neil Postans



**Clinical Movement Analysis Society**

**UK and Ireland**

[www.cmasuki.org](http://www.cmasuki.org)

**CMAS** grew out of a fledgling organization known as **GLUK (Gait Labs UK)**. The inaugural meeting was held in 2002 in Birmingham and annual meetings have taken place every year since. The society represents many professional groups, including physiotherapists, clinical scientists and engineers, orthopaedic surgeons, paediatricians and researchers, with a common interest in movement analysis.

There is more information about **CMAS** and **Movement Analysis** on our website.