



# Newsletter

ISSUE 5

DECEMBER 2008

## HEADLINES

CMAS currently has  
54 members

Future venues for  
CMAS meetings  
needed !!

## 8th Annual Meeting - Edinburgh '09

Plans are well underway for the 8th annual meeting of CMAS to be held in Edinburgh on 30th-31st March 2009. There will be 2 main **themes** to the meeting:

1. Muscle characteristics in CP; exploring current theory, assessment and management.
2. Future directions for motion analysis.

There will also be an interactive **forum** to discuss methods of muscle assessment. If anyone has ideas or opinions on strength testing, then **please contact** Alison Richardson (Alison.M.Richardson@nhslothian.scot.nhs.uk) prior to the meeting. This information will be incorporated into the forum.

The **Vicon User Group** will be of a slightly different format this year. It will be linked to the theme of the meeting, and will include demonstrations by Vicon on latest muscle

modelling techniques, along with expert speakers in the field.

There will also be **free papers** during the day. If anyone would like to submit an abstract then please send this to Alison Richardson. It should be 1 page of A4 and related to one of the 2 main themes.

**Key note speakers** will include Tim Theologis (Consultant Orthopaedic Surgeon), Paul Eunson (Consultant Paediatric Neurologist) and Susan Hillman (Clinical Bioengineer). There will also be a speaker from the Health Professions Council, during the AGM, who will be discussing issues related to CPD.

The **Evening** meal and drinks reception on Monday will be held at Howie's Restaurant.

Early Bird Registration closes 1st March. Details about this and more will be available shortly on the CMAS website.

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News, Dates, etc



## Committee News

Gill Holmes was elected onto the committee following the ballot held in September 2008. She will replace Caroline Stewart as the link between the CMAS Committee and the Standards Committee.

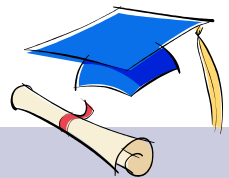
Wendy Dickens will retire as Treasurer following the next Annual Meeting in 2009. She will continue on as a committee member for another year following this. The post of Treasurer will need to be filled following the AGM.

# Committee Meeting October 2008

A CMAS committee meeting was held in Birmingham on 29th October 2008. The following issues were discussed:

- ⇒ Gill Holmes welcomed onto the committee
- ⇒ An update of the membership database is required. Latest details will be requested from members by email at the next mail out.
- ⇒ Wendy Dickens is to step down as treasurer after next AGM, as she has completed her term.
- ⇒ Update on Standards work—see page 3
- ⇒ Clarification of the role of CMAS in providing education—see page 2
- ⇒ Update on progress for the Edinburgh meeting—see page 1
- ⇒ More venues are needed for future CMAS meetings—let Julie Stebbins know if you are interested ([julie.stebbins@noc.anglox.nhs.uk](mailto:julie.stebbins@noc.anglox.nhs.uk))

## EDUCATION NEWS



At the last committee meeting, the role of CMAS in providing education was discussed. It was decided that CMAS should provide 2 main roles:

1. Supporting provision of basic education
2. Actively providing advanced education

There are various **basic** courses already on offer (for example the course provided by ESMAC) so it was thought there would be little advantage in producing another one. Instead, it was thought the best way to provide basic education was to support local centers to produce material based on individual demand. The suggestion was to compile a list of “experts” in various fields, who would be willing to offer advice. This list would be available on the CMAS website. In addition, resources for providing basic education could also be included on the website. The website could also provide a point of contact, and a means of coordinating between different centers providing similar training and education. It could also be used to advertise courses available.

We hope to provide regular, **advanced** education through CMAS in the coming years. This will be linked to the annual meeting. The topics will partly be determined by the CMAS standards document.

It is hoped that during upcoming audits of gait laboratories, areas that could benefit from training and education will be identified. If you are conducting a practice audit in the next few months, then please keep note of any areas you think it would be helpful to address.

In addition, the opinion of CMAS members will be canvassed to find out any other areas that could be covered through advanced training sessions. This will be discussed at the annual meeting in March. Please be prepared to come up with suggestions for training, and also to consider offering training in specific areas.

We hope to discuss this further at the AGM. Meanwhile, if you have any comments regarding the above suggestions, then please contact Phil Glithero ([prglithero@doctors.org.uk](mailto:prglithero@doctors.org.uk)).



# Standards Working Group

Overall the standards work is following the timetable presented at the AGM in March. We had a very useful meeting for the working group on June 6<sup>th</sup>. 15 reps attended and other labs sent feedback in advance. On the day we covered the standards themselves, looking at the original version along with the work started by Linda Eve and Rachael Boocock. We also went over the audit process and discussed our experience to date and future plans. The day covered a lot of ground, and also revealed that there was still a great deal to do to complete the work started by Linda and Rachael.

After the meeting we invited Gill Holmes to join us on the standards

committee and were very pleased that she agreed.

Gill Holmes, Sally Durham and I then met for 3 days at the end of July to work on a full revision of the standards and audit checklists. It was very useful to have dedicated time for this, and to do the whole job in a concentrated run. We were able to eliminate areas of inconsistency and duplication. We also simplified the structure of the standards and tried to make sure that all statements were auditable. After the session we collated the standards and checklists into a single PDF file for circulation. This went to the original authors of the standards and the feedback was very

positive.

The full set of standards was circulated to the working group of lab reps at the end September. They are now looking at the new version and experimenting with auditing each other. The next meeting of the group will be on January 23<sup>rd</sup> in Sheffield. At this session we aim to make any final changes to the standards and agree an audit mechanism.

*Caroline Stewart*

*On behalf of the CMAS standards committee*



## Dundee 2010

You are warmly invited to attend the 9th Annual meeting of CMAS to be held in sunny Dundee, Scotland. There is an exciting agenda planned, including a workshop session on the Monday afternoon in the Institute of Motion Analysis and Research. This will be followed by dinner in the evening.

The day's events on Tuesday will be held on Campus, very close to the train station. More information will be available soon on the website: [www.cmasuki.org](http://www.cmasuki.org)

**So keep your diaries free: Monday 29th and Tuesday 20th March 2010 (TBC)**

# The Back Page

## BRAIN STRAIN

Answer to last issues' brain strain:

Tip up the barrel on its side. If it spills over the rim before the base is exposed, it is more than half full, and vice versa



## DID YOU GUESS WHO THE CMAS MEMBERS WERE?



## Dates for your diary

### 8th Annual meeting of CMAS

Edinburgh - 30th-31st March 2009

### 18th Annual meeting of ESMAC

London, UK

September 14th-19th 2009

<http://www.esmac2009london.org/>

### 14th Annual meeting of GCMAS

Denver, Colorado

March 10th-14th, 2009

<http://www.gcmas2009.org/>

## Current CMAS Committee:

CHAIR: Julie Stebbins

TREASURER: Wendy Dickens

SECRETARY: Alison Richardson

STANDARDS: Gill Holmes

EDUCATION/TRAINING: Phil Glithero

WEBSITE: David Ewins

COMMITTEE MEMBERS: Helen Hill

Neil Postans



**Clinical Movement Analysis Society**

**UK and Ireland**

[www.cmasuki.org](http://www.cmasuki.org)

**CMAS** grew out of a fledgling organization known as **GLUK (Gait Labs UK)**. The inaugural meeting was held in 2002 in Birmingham and annual meetings have taken place every year since. The society represents many professional groups, including physiotherapists, clinical scientists and engineers, orthopaedic surgeons, paediatricians and researchers, with a common interest in movement analysis.

There is more information about **CMAS** and **Movement Analysis** on our website.