



# Newsletter

ISSUE 9

JUNE 2011

## FIRST GAIT LABS ACCREDITED!

The culmination of a process that began in 2003 was finally realised at the annual CMAS meeting held in at the One Small Step Gait Laboratory in April this year. Representatives from 15 gait laboratories around the UK and Ireland received official accreditation certificates in a special ceremony that was conducted during the AGM. Past members of CMAS, who were instrumental in the ini-

tial phases of the accreditation process (Linda Eve and Marian Harrington) were invited to take part. Accreditation represents recognition of each laboratory's successful completion of the audit process, and their commitment to ongoing adherence to CMAS standards of practice. Congratulation to all 15 gait laboratories!



### INSIDE THIS ISSUE:

Accreditation finally arrives!

London Report

Standards Report

News and Updates

New Logo

Back Page-  
News, Dates, etc

## CMAS - 9th Annual Meeting

The 9th Annual meeting of CMAS was held in London in April, hosted by the One Small Step Gait Laboratory. The clinical examination consensus meeting was well attended on the Monday, with useful discussion. Three excellent key note lectures were delivered on the Tuesday. Mr Martin Gough discussed early motor development and implications for acquiring walking ability. At the other end of the life spectrum, Dr Ernst presented a talk on the challenges faced by the elderly, including fear of falling and anxiety related issues. Mr Rob Freeman also gave a helpful overview of selective dorsal rhizotomy. In addition, Prof Richard Baker gave a thought-provoking talk on education in gait analysis during the AGM. We are very grateful for the speakers for these stimulating talks, and also for all who presented and contributed to the meeting.

# NEW LOGO!!

You may have noticed that CMAS now has a new logo! Thanks to Ian Christie from the University of Dundee for doing a fantastic job at giving CMAS a facelift.



## CMAS 2012

### *“We Can Work It Out”*

Next year’s CMAS AGM and Conference will be held on **Monday 23rd and Tuesday 24th April** at the Liverpool Medical Institute. The theme for the meeting will be “We Can Work it Out”. The proposal is to follow the format which has become standard over the last few years. Committee meetings will be held on the morning of the 23rd. This will be followed by a standards consensus meeting, the topic for which is yet to be confirmed, but the proposal is to cover aspects of reporting. It is envisaged that user group meetings will follow this, and the dinner is scheduled to be held at the Beatles Museum at Albert Dock.



An exciting programme is already being assembled for the Tuesday, which includes Mr Alf Bass, Professor Vish Unnithan and Dr Gabor Barton as keynote speakers. Mr Bass will be addressing the role of gait analysis as a form of biofeedback. Prof Unnithan will give a talk on exercise evaluation of the child with cerebral palsy, while Dr Barton will be updating us on virtual training.

As usual, there will be opportunity for free papers to be presented. The call for these, along with deadlines, will be posted nearer the date.

At the recent ESMAC meeting held in London, short commercial presentations were trialled, which were well received. The proposal is to also include these in the upcoming meeting in Liverpool, which allows commercial companies, which support clinical gait laboratories, an opportunity to briefly update users on latest advances.

Finally, the AGM will be held as usual after lunch on the Tuesday. A speaker for the AGM is yet to be confirmed, but will again address profession issues faced by those working in the gait analysis community.

We look forward to seeing you next year in Liverpool!



# STANDARDS REPORT

At the AGM in London on April 12<sup>th</sup> 2011 the first 15 gait laboratories were accredited by CMAS. The majority of these labs have followed the standards process since the beginning and all have put in a great deal of effort to get to this stage.

The CMAS standards process has been running since 2003. Over that time laboratories have exchanged protocols, formulated (and re-formulated) the standards document and introduced internal and external auditing. All the accredited labs have received two visits from external auditors, covering all the aspects of the standards. The list of accredited laboratories is available on the website.

The CMAS consensus meetings are proving useful and popular. The meeting at Birmingham airport last October looked at

Repeatability Testing. Clinical Examination was covered in London as part of the AGM programme. As a result of the consensus discussions the standards are updated each year. This also provides an opportunity to make other changes needed to the document. This year, for the first time, proposed changes were subject to a ballot of CMAS members. The new version of the standards (2011-12) is now available.

At the AGM this year Tim Theologis stood down from the CMAS standards and accreditation committee. His place had been filled by Rob Freeman, a children's orthopaedic surgeon from Oswestry.

CMAS is open to approaches from other laboratories wishing to join in the stan-

dards process. Please let us know if you would like to find out more about accreditation.

You can contact members of the standards committee directly, or send emails to [standards@cmasuki.org](mailto:standards@cmasuki.org), and they will be directed to the appropriate person.

**The next meeting for the CMAS laboratories will be at Birmingham airport on October 14<sup>th</sup> 2011. All are welcome and the consensus discussion will cover Outcome Measures.**

**Caroline Stewart**—on behalf of the Standards and Accreditation Committee

## News and Updates

### QUESTIONNAIRE

At the last AGM in April, it was mentioned that the CMAS committee will be sending out questionnaires to members to canvas opinion on the format, content, and location of the annual CMAS meeting. This will be circulated shortly. In particular, we would value feedback regarding ease of access to the annual meeting, including funding. Please do respond to the questionnaire, as we would like as many as possible to be able to make it to annual meetings, and also to make the meetings as useful as possible.

### INCORPORATION AND CHARITABLE STATUS

Also at the AGM, the members voted on whether to pursue incorporation and charitable status for CMAS. The aim of this process would be to remove personal liability for members, both financial and legal, and also to minimise costs to the organisation by achieving tax exemption. There was unanimous support so the decision was made to proceed in this direction. Members will be updated following further discussion with the solicitors.

### BALLOTS

Two ballots were recently circulated to CMAS members. One to amend the constitution to include a section on standards and accreditation, and the second to elect a committee member. The **deadline** for returning ballots is **Monday 27th June**. Please return these to Julie Stebbins (see ballot form for address).

### ADDITIONS TO THE CMAS COMMUNITY

Congratulations to Nicola Fry who recently had a baby boy (Peter) and also to Anne McNee, who had twins recently (a boy called Fraser and a girl called Clara)! Both Nicola and Anne are associated with the One Small Step Gait Laboratory in London. We look forward to seeing their first gait analysis!

# The Back Page

## IPEM Meeting

**Outcome Measures for Assistive Technology**

**23 June 2011, Cardiff University**

*It often seems that the benefits of assistive technology are self-evident, but how do we demonstrate this effectiveness? There is a real need for the measurement of outcomes so that rehabilitation engineering has an evidence base. This meeting aims to discuss the issue of outcome measurement, to disseminate best practice and facilitate a discussion on the way ahead.*

For further details visit [www.ipem.ac.uk](http://www.ipem.ac.uk) or email [Alice Futures](mailto:Alice.Futures@ipem.ac.uk) in the IPEM conference department (tel: 01904 610821). Programme available early April.

### Dates for your diary

#### 11th Annual meeting of CMAS

Liverpool: 23rd—24th April

#### ESMAC - 20th Anniversary!

Vienna: 12th-17th September 2011

#### CMAS Standards Consensus Meeting

Birmingham Airport: 14th October

#### IPEM Meeting: Assistive Technology

Cardiff - 23 June 2011

### Current CMAS Committee:

CHAIR: Julie Stebbins

VICE CHAIR: Sheila Gibbs

TREASURER: Neil Postans

SECRETARY: Alison Richardson

STANDARDS / EDUCATION: Gill Holmes

WEBSITE: David Ewins

COMMITTEE MEMBERS: Phill Glithero, Tanya Sale



### Clinical Movement Analysis Society UK and Ireland

[www.cmasuki.org](http://www.cmasuki.org)

**CMAS** grew out of a fledgling organization known as **GLUK (Gait Labs UK)**. The inaugural meeting was held in 2002 in Birmingham and annual meetings have taken place every year since. The society represents many professional groups, including physiotherapists, clinical scientists and engineers, orthopaedic surgeons, paediatricians and researchers, with a common interest in movement analysis.

There is more information about **CMAS** and **Movement Analysis** on our website.



ERROR: undefined  
OFFENDING COMMAND:

STACK: