



# Newsletter

ISSUE 16

DECEMBER 2015

## INSIDE THIS ISSUE:

Annual Meeting 2016 Announcement

Standards Update

CMAS Annual Meeting 2015 Report

New Website

Treasurer's Report

The CMAS Shed Challenge

Membership Fees & ESMAC Special Offer

Committee Elections

Future CMAS Meetings

Dates for your diary

## CMAS Annual Meeting 2016

15th Annual Meeting of the

Clinical Movement Analysis Society of the UK and Ireland

Thursday & Friday 14-15th April 2016

The 2016 CMAS AGM and meeting will be hosted by the Belfast gait analysis team on the 14<sup>th</sup> & 15<sup>th</sup> April.

All components of the meeting will be held at Riddel Hall, a state of the art conference and training suite which forms part of Queen's University Belfast. The facility is located close to the University area of the city and is approximately 1.5 miles from city's centre.

The theme of this year's meeting is '**Holistic management of complex conditions**' and we have two very well respected international speakers in Prof Terence Sanger from the Department of Neurology and Biokinesiology, University of Southern California, and Dr Vittorio Belmonti from the Università de Pisa & IRCCS Fondazione.

Registration:  
To register follow the link on:  
[www.cmasuki.org](http://www.cmasuki.org)

Key Dates:  
Abstract submission deadline:  
29<sup>th</sup> January 2016  
Early bird closing date:  
19<sup>th</sup> Feb 2016  
Registration closing date:  
1<sup>st</sup> April 2016



Riddel Hall, Queen's University Belfast

## Standards Update

The mid-year meeting on standards was held in Birmingham again this year with a good turnout of 27 CMAS members attending. The morning session examined audit training /refresher while the early afternoon session examined the role of CMAS standards and how they fit with treadmill gait. After an interesting presentation by Matt Thornton from the Stanmore lab and an in-depth discussion within the group, it was decided that the evidence base was not yet strong enough for CMAS to set mandatory requirements in relation to treadmill gait. The later afternoon session turned attention towards muscle modelling with Dr. Caroline Stewart from Oswestry presenting on their lab's experience of muscle modelling techniques and clinical outcomes.

Changes to the standards agreed at the AGM in April relate to the introduction of a 2-year audit cycle. Labs with proven track records can apply to move onto the 2-year cycle at the discretion of the CMAS standards committee. In essence, this will allow all standards to be examined on one visit instead of two visits over a two year period. A relaxation of repeatability testing to once every two years was also agreed.

The CMAS standards committee are always interested in new members. If you are interested in joining the committee, or know of someone who may be interested, please contact Damien Kiernan ([dkiernan@crc.ie](mailto:dkiernan@crc.ie)).

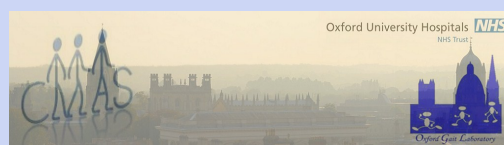
Damien Kiernan, Chair of CMAS Standards Committee

## CMAS Annual Meeting 2015 Report

The Annual General Meeting 2015 was hosted by Nuffield Orthopaedic Centre, Oxford University Hospitals NHS Trust in Oxford on the 16th and 17th of April 2015 with 101 delegates in attendance. The topic of the annual meeting was: Surgical Treatment in the Management of Cerebral Palsy. There were 6 guest speakers including: Mr Tim Theologis, Consultant Orthopaedic Surgeon (Oxford) who spoke on Multi-Level Surgery in Lower Limbs; Mr Guy Atherton, Consultant Orthopaedic Surgeon (Bristol) who spoke on Multi-Level Surgery in the Upper Limbs; Mr Kristian Aquilina, Consultant Neurosurgeon (London) who spoke on Selective Dorsal Rhizotomy; Mr Andrew Roberts (Oswestry) who spoke on the Timing of Orthopaedic Surgery and Selective Dorsal Rhizotomy; Dr Sebastian Wolf, Engineer (Heidelberg, Germany) who spoke on Predicting and Controlling Functional Outcomes of Femoral De-rotation Osteotomy; and Mrs Rachel Buckingham, Consultant Orthopaedic Surgeon (Oxford), who led a discussion on the role of Selective Dorsal Rhizotomy in Children with Cerebral Palsy in the UK.

Ten members of the charity presented their scientific work on behalf of their teams and the abstracts are now on the website member's area. A consensus meeting was held in the morning of day one focusing on repeatability of EMG and the afternoon session's topic was 'Marker Placement Sensitivity' in which 8 labs in attendance participated in the data collection prior to the day. In addition on the day we collected inter-lab repeatability data of marker placement using a single subject. There was a prize for the lab that produced kinematics that were closest to the mean value, and the winner was Edinburgh. Jan Herman from the Edinburgh lab was presented with a very fine Oxford mug!

Many thanks to the Oxford team for hosting the meeting, and in particular to Jennifer McCahill and Andrew Lewis for all their hard work.



## New Look for CMAS Website

The committee have decided to spend some of its reserves in developing the web-site to have a more contemporary feel. A web developer has been commissioned to do the early work and to set up the site in such a way that members of the committee should have maximum flexibility to develop and maintain the site in the long-term. There is a particular need to have the web-site available to promote the Annual Meeting in Belfast next year and these are the first pages that are available (they may already be available by the time you receive this Newsletter).



A new Members Area will be available that you can log onto individually and keep track of your subscriptions (and pay them if necessary). It will also include access to the Webex video conferencing software which will become available for the use of all members. We are also hoping to develop a discussion forum which should replace the current e-mail distribution list. There will be a potential for labs to edit content specific to their own services which may be useful for those who find it difficult maintaining a web-presence through their trusts. If you have any ideas for the new website, or have any

nice images that you can contribute, then please contact Richard Baker ([r.j.baker@salford.ac.uk](mailto:r.j.baker@salford.ac.uk)), who is overseeing the development.

## Treasurer's Report

The accounts have been finalised for 2014/15 and submitted to Companies House. The full report is available to members on the CMAS website. The current membership of CMAS is 66 individuals. We currently have 15 labs fully accredited or currently going through the accreditation process.

Our income for the year was £14,069.82 and our expenditure was £4,289.25 for a total surplus for the year £9,780.57. This is slightly higher than previous years, due to the timing of the income from the AGM. The CMAS account at the end of the financial year (April 30<sup>th</sup> 2015) had a balance of £29,816.

The committee is currently discussing ways of using our surplus funds. If you have an idea please discuss it with a committee member, or at the AGM in Belfast.

## The CMAS Shed Challenge

The CMAS shed challenge will be running in parallel with the meeting in Belfast. Can you do research using only technology available in

1976? If you can imagine life without computers, CMAS would like to receive your ideas as 'abstracts' for



the next meeting in Belfast in 2016.

The deadline for submission will be March 1<sup>st</sup> 2016. There will be a prize! For further details contact Caroline Stewart ([Caroline.Stewart@rjah.nhs.uk](mailto:Caroline.Stewart@rjah.nhs.uk))

## Membership Fee Update

CMAS is reducing its membership fee to £25 from next April. Membership fees will still be included in the fee for attending the annual meeting, but if you can't make it to the meeting then renewing your membership just got cheaper! Also, ESMAC (European Society for Movement Analysis in Adults and Children) is now offering a 50% discount on membership fees for members of affiliated societies, including CMAS. As a member of ESMAC you are then eligible for discounts on ESMAC conference fees. So there are even more good reasons to join CMAS!

# The Back Page

## Committee Elections

Three current members of the CMAS committee are due for re-election before the next AGM, so if you are keen to be involved in the CMAS committee, now is your chance to stand for election!

Committee members serve a 3 year term in the first instance, but may stand for re-election at the end of their term. The committee meets twice a year, once preceding the AGM in April, and again in October. If you would like to know more about what is involved with serving on the committee, then please get in touch with myself or any of the other current committee members.

To be eligible for a position on the CMAS committee, a person must be a CMAS member who is active in the field of motion analysis, without commercial affiliations or other conflicts of interest. If you know of anyone who isn't currently a member, but who would be interested in being on the committee, they will need to join CMAS before being nominated but there is plenty of time to do this.

If you would like to be nominated, or would like to nominate someone else (please contact them first to confirm they are willing!) then please contact me (details below). The closing date for nominations is **Friday 8th January**. Any nominations received will result in a ballot to be held in advance of the AGM.

Neil Postans, CMAS Chairperson

Email: [neil.postans@rjah.nhs.uk](mailto:neil.postans@rjah.nhs.uk) Tel: 01691 404 666

## Dates for your diary

### 15th Annual meeting of CMAS

Belfast: 14-15th April 2016

### 25th Annual Meeting of ESMAC

Seville, Spain : 26th-Sept—1st Oct 2016

### Current CMAS Committee:

CHAIR: Neil Postans

VICE CHAIR: Adam Shortland

TREASURER: Jennifer McCahill

SECRETARY: Marietta Van Der Linden

COMMITTEE MEMBERS: Mark Gaston, Brona McDowell, Sally Durham, Richard Baker

## Future Annual Meetings

The 2017 annual meeting will be held at the University of Salford. After that we will be heading over to Ireland again for a meeting in Dublin in 2018. If your centre would be interested in hosting a future CMAS meeting then we'd love to hear from you. If you'd like to know more about what is involved in organising and hosting the meeting, there are plenty of former meeting organisers in CMAS who would be glad to share their experience.



## Clinical Movement Analysis Society UK and Ireland

Website: [www.cmasuki.org](http://www.cmasuki.org)

General Information: [info@cmasuki.org](mailto:info@cmasuki.org)

Membership: [membership@cmasuki.org](mailto:membership@cmasuki.org)

Standards Group: [standards@cmasuki.org](mailto:standards@cmasuki.org)

CMAS, ORLAU, Robert Jones & Agnes Hunt Orthopaedic Hospital NHS Foundation Trust, Oswestry, Shropshire, SY10 7AG. Company Registration Number 7867082, A Company Registered in England and Wales and Limited by Guarantee. Registered Charity Number 1148105.